



# Vogeltown School Triathlon

29/02/24



This year it was a little bit of a windy day for our annual visit to Vogeltown School for the "Triathlon". Our muscles were nice and warm from our walk from Manu to Vogeltown School. This meant we were all ready for the big event which was held at the junior school. We were met by Mrs Seed who is the Acting Principal, and Mrs Newlands who is the Head of the Junior School.

After a quick rest and a spot of food Mrs Seed talked us through the course for the morning. How exciting each year there are a few changes to this. Then it was time to meet with a buddy from year 6, collect our bikes and get ready to go....

The emphasis is on 'Try' that's why we call it a "Tryathlon" encouraging all tamariki to take part. After pairing up with a senior member of the school each of our tamariki were ready to start. First was the biking with riding around the bike track on the field then down the drive and back up again. Returning to park on the courts to transition for the run. Running around the field this year there were some new challenges of jumping, balancing and crawling through a tunnel to finish the run with a twist of running through a sprinkler at the finish line. Ka pai ngā tamariki. After recovering energy our tamariki had a play on the playground. Then it was time to walk to the bus stop to take a city council bus back to kindergarten.



We are very fortunate to have this strong relationship with Vogeltown School. As this enables tamariki to become familiar with the school and creates a smoother transition for those children who will attend Vogeltown. It also allows older siblings to be involved. Excursions of this nature assist in building connections within our local community and within the wider community. These opportunities further enhances a sense of belonging.